

Effective Use of Humor In Support of Recovery



About the Presenter:

Jeffrey Quamme has been employed with the CCB since November of 2009. Jeff plays many active roles in the International Certification & Reciprocity Consortium (IC&RC) including serving on the Executive Committee as Secretary and as a subject matter expert and item writer for the Alcohol and Drug Counselor (ADC), Co-Occurring Disorders (CCDP) and Advanced Alcohol and Drug Counselor (AADC) credentials and exams. He has been retained by both publicly funded and privately financed addiction treatment facilities as a consultant for staff development. Additionally, with the national opioid crisis growing, Jeff's expertise in staff development for medication assisted treatment programs has made him a sought after contributor to the national discussion.

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9:00AM - 4:30 PM

Counseling and recovery supports are processes where individuals create intervention strategies that are designed to influence a client's emotions, behaviors, cognitions, and/or biochemistry. Each of these four aspects of the human system interacts with one another so that a change in one area is likely to create change in another. **The therapeutic power of humorous interventions rests in its ability to stimulate changes** in all four areas.*

With these in mind, participants who complete this workshop will be able to:

- Define the emotional, behavioral, cognitive and biochemical processes of humor
- Identify the primary way they may interpret humor themselves
- Identify existing interventions that use humor and develop their own for use with individuals and groups

Seating is limited to 15 participants on a first come, first served basis. Preregistration and payment are required. Completion of the day's event will earn you **6 CCB-approved training hours**, applicable for both initial certification and licensure as well as renewal. For registration information, please email info@ctcertboard.org.

Luis Marcano Learning Center
3580 Main Street
Hartford, CT 06120
\$50 Registration Fee

*Sultanoff, Steven, PhD. *Using Humor For Treatment and Diagnosis: A Shrinking Perspective*. *Therapeutic Humor*, Vol. XIV, (1), p. 5. Rockford, IL. January/February 2000, ©2000