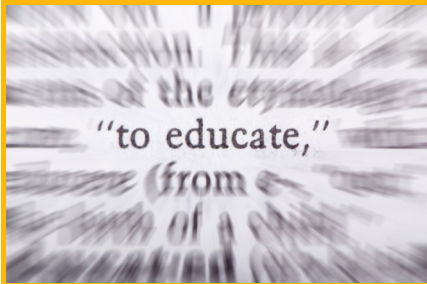


THE CONNECTICUT CERTIFICATION BOARD

Fall 2015/ Winter 2016 Training Calendar



Unless otherwise noted, all trainings will be held at :

Luis Marcano Training Center
Oakdale Professional Park
100 South Turnpike Road
Wallingford, CT
203.284.8800
203.284.9500 (fax)
www.ctcertboard.org





This Catalog contains programs of interest to professional and direct support staff in the private (for profit and not-for profit) and public sectors. We take pride in our ability to utilize the talents of our presenters, all with demonstrated expertise in the training content. We recognize the current economic climate we are in and the fiscal issues our field is facing and have made every attempt to keep registration fees as low as possible. We do not expect to have the ability to offer scholarships at this time.

We encourage you to register for programs that you feel will benefit you personally or that will enhance your job performance and competency. Although the listings in this catalog are applicable towards initial certification or renewal of CCB credentials, we cannot guarantee acceptance by any other credentialing body. Each participant will be required to complete an online survey following completion of the day's activities in order to receive a certificate of the applicable CEUs. Surveys will be sent to participants electronically no later than 2 business days after the training date. The CCB, nor the presenters, are responsible for ensuring that participants sign in and out on the attendance sheet, nor for the accuracy of the email addresses provided by participants. You must attend the full training to receive CEUs as partial CEUs will not be given.

We welcome your questions or comments on this catalog, including suggestions for future training events. You may direct them to:

info@ctcertboard.org

Finally, the staff and Board of Directors of the CCB would like to thank the Programs and Services Committee (Jay Cummings, Chair) for their efforts in selecting the trainings contained herein, the New England Addiction Technology Transfer Center at Brown University, the Connecticut Department of Mental Health and Addiction Services, notably the Education and Training Division for their support and the Commissioner's Office for their financial support.

The Connecticut Certification Board

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APT Foundation
Hartford Dispensary
Central Naugatuck Valley RAC
DMHAS Problem Gambling Services
Recovery Network of Programs
Community Health Resources
Hill Health Center
Liberation Programs

Fall 2015 / Winter 2016 Course Listing

Tuesday, November 10, 2015

Gambling 101 for Health Care Professionals Jeremy Wampler, Susan McLaughlin, Fred Fetta DMHAS Problem Gambling Services	9:00 am-4:30 pm	FREE
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Tuesday, November 17, 2015

PTSD - Moral Injury - Combat Trauma: A Perpetrator's Perspective Jose Grego Veteran's Administration Health Care	9:00 am-4:30 pm	\$50.00
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Friday, November 20, 2015

Engaging the Co-Occurring Client Using The Grinch, Pinocchio and Rudolph, Too! Thomas Greaney Savvy Communications	9:00 am-4:30 pm	\$50.00
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Thursday, December 10, 2015

Biologic Support for Clinical Self-Disclosure Denise Keane Perception Programs, Inc	9:00 am-12:00 pm	\$35.00
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Thursday, December 17, 2015

Alternative Medicine and Substance Use Disorders Dr. Jaquel Patterson Community Health Resources	9:00 am-4:30 pm	\$65.00
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Tuesday, January 12, 2016

Understanding and Treating Suicide The Interface Between Addiction, Trauma And Suicide Dr. Adele Ryan McDowell	9:00 am-12:00 pm 1:00 pm-4:30 pm	\$50.00 \$50.00
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**Attend BOTH January 12
sessions for \$75, a savings
of
25%**

Fall 2015 / Winter 2016 Course Listing, Continued

Friday, January 15, 2016

Technology Based Clinical Supervision

9:00 am-4:30 pm

FREE

Dr. Martha Thompson

Empower the Mind, LLC

Jeffrey Quamme

Connecticut Certification Board

Gambling 101 for Health Care Professionals

TUESDAY NOVEMBER 10,
2015
9 AM TO 4 PM
LUIS MARCANO TRAINING
CENTER
WALLINGFORD

PRESENTERS:
JEREMY WAMPLER,
DIRECTOR
SUSAN MCLAUGHLIN,
PREVENTION SERVICES
COORDINATOR
FRED FETTA, CLINICAL



Gambling can be a recreational activity or a “hidden” co-occurring disorder for people in recovery, high risk groups and the general population. With the inclusion of Disordered Gambling in the addictions category of the DSM-V, it’s important for health care professionals to recognize and learn what resources are available for people experiencing gambling problems.

Luis Marcano Training Center
100 South Turnpike Road
Wallingford, CT 06492
(Inside the CCB Office Building)
203-284-8800
[*info@ctcertboard.org*](mailto:info@ctcertboard.org)

SEATING IS LIMITED
NO WALK INS WILL BE
ADMITTED
[CLICK HERE TO REGISTER](#)



This training event is offered FREE OF CHARGE thanks to the generosity of the State of Connecticut DMHAS / Problem Gambling Services . The CCB would like to thank the staff at Problem Gambling Services for their time and efforts regarding this collaboration.

THE CONNECTICUT CERTIFICATION BOARD PRESENTS:

PTSD—Moral Injury-Combat Trauma: *A Perpetrator's Perspective*



*Jose E. Crego LCSW,
LADC*

Jose Crego is a clinician who is currently employed full time as a social worker for the Veteran's Administration and maintains a private practice in Waterbury, Connecticut. His specialties include addiction, trauma and Post-Traumatic Stress Disorder. Jose is a frequent presenter at the Drug and Alcohol Recovery Counselor (DARC) program at Naugatuck Valley Community College and serves as adjunct faculty at Marist College in Poughkeepsie, New York.



NOVEMBER 17, 2015
9:00 A.M. - 4:30 P.M.

Combat veterans often have significant trauma related issues and Post-Traumatic Stress Disorder, the chronology of these being different than those from the victim's perspective. Participants in this training will also be introduced to the concept of moral injury from the view of the perpetrator and will discuss how the two co-exist. Identification and discussion of symptomatology and treatment recommendations are also part of the day's agenda.



Seating is very limited. Completion of the day's event will earn you 6 CCB-approved training hours, applicable for both initial certification and renewal. For registration information, please email Info@ctcertboard.org.

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THE CONNECTICUT CERTIFICATION BOARD PRESENTS:

Engaging the Co-Occurring Client Using the Grinch, Pinocchio and Rudolph, Too!



*Thomas Greaney, LADC,
CCDP, SAP*

In 15-years as a clinician, Tom has developed an expertise in using creative approaches to individual and group therapy to engage clients, retain them in treatment and help counselors stave off burnout. He sees his creative treatment topics to be particularly beneficial to clients with the dual diagnosis of both a substance use and mental health disorder. Greaney believes using compelling visual and audio materials and hands on activities makes key facets of recovery more memorable and applicable to the lives of recovering persons. He is the sole-proprietor of New London, Conn. based Savvy Communications, a private practice outpatient treatment company. Greaney earned his Master's of Education Degree in Rehabilitation Counseling in 1999 from Springfield College in Mass. He obtained a Bachelor of Arts Degree in Communication Studies in 1979 from the State University of New York College at Oswego.

**NOVEMBER 20, 2015
9:00 A.M. - 4:30 P.M.**

Neuroscience tells us that an individual's brain processes visual information 60,000 times faster than text and that about 65 percent of the US population are visual learners (The Visual Teaching Alliance). Engaging and retaining clients, while averting counselor burnout, is key to the recovery and treatment process.

Participants in this training will, in essence, take part in abbreviated versions of the creative groups Tom has developed during 15 years as a clinician, mentor to young men in a Connecticut preparatory school and through his affinity for Pinocchio and the downtrodden Grinch. Attendees of this dynamic, experiential seminar will learn valuable skills and tap into their own wellspring of creativity to inspire clients and refresh their own careers.

Seating is very limited. Completion of the day's event will earn you 6 CCB-approved training hours, applicable for both initial certification and renewal. NASW-CT approval pending. For registration information, please email info@ctcertboard.org.

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**Only
\$50**

Biologic Support for Clinical Self Disclosure



DECEMBER 10, 2015
9:00 A.M. - 12:00 P.M.



Luis Marciano Training Center
100 South Turnpike Road Wallingford, CT 06492
203.284.8800 203.284.9500 (fax)

*Denise Keane, LCSW, LPC,
CCDP-D, MATS*
Denise Keane is the Associate Director of Perception Programs, Inc., a private, not-for-profit behavioral agency dedicated to the well being of individuals and families in northeastern Connecticut. In addition to her position at PPI, she has served as adjunct faculty in the Social Work department at Eastern Connecticut State University for the last 7 years. Denise has also presented to the DMHAS Co-Occurring Collaborative, the Social Work Doctoral department at the University of Connecticut and the NACSW Annual Conference.

This presentation explains the neuroscience foundation of interpersonal connections, links this information to the therapeutic alliance, and then demonstrates the practical applications of appropriate self disclosure that enhances the alliance. Guidelines, such as when and how much to disclose, as well as processing the disclosure will be provided.

Seating is very limited. Completion of the morning's event will earn you 3 CCB-approved training hours, applicable for both initial certification and renewal. For registration information, please email

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**Only
\$35**

BACK BY POPULAR DEMAND!
THE CONNECTICUT CERTIFICATION BOARD PRESENTS:

Alternative Medicine and Substance Use Disorders

DECEMBER 17, 2015
9:00 A.M. - 4:30 P.M.



Jaquel Patterson ND, MBA

Dr. Patterson is a licensed naturopathic physician. Her areas of focus include autoimmune and inflammatory conditions and pain management. She has maintained a private practice over the past five years and has a breadth of experience in public health and disease management. She combines both her clinical and business knowledge and has worked in a leadership capacity within community health. She also acts as an adjunct faculty member at University of Bridgeport's College of Naturopathic Medicine. Dr. Patterson has served on many boards including Sickle Cell Disease Association of America, NAACP Health Chair for Bridgeport, CT and is currently a Board Director for the American Association of Naturopathic Physicians, Academic Consortium for Complementary and Alternative Health and is a Connecticut Health Foundation Health Leadership Fellow. Dr. Patterson's work has been featured and published both locally and nationally. She currently is Vice President of Operations and Compliance Officer at Community Health Resources, Inc. in Windsor, Connecticut.

CAM (Complimentary Alternative Medicine) is increasingly popular in the western world for the treatment of a variety of disorders. It has been utilized by many persons of all cultures and ethnicities across the world, and it is also heavily culturally influenced.

Topics include:

- ◇ ◇ Physiological effects of addictive disorders
- ◇ ◇ Nutritional and physical deficiencies related to addictive disorders
- ◇ ◇ Dietary considerations and recommendations
- ◇ ◇ Nutritional and herbal supplementation
- ◇ ◇ Review and discussion of alternative modalities including acupuncture, chiropractic and meditation
- ◇ ◇ Lifestyle and exercise considerations
- ◇ ◇ Spirituality

Registration only \$65 via PayPal (preferred), check or money order. Click [here](#) for more info.

Seating is very limited and will fill up quickly at such a low cost for this event. Completion of the day's event will earn you 6 CCB-approved training hours, applicable for both initial certification and renewal.

For registration information, please email info@ctcertboard.org.

Please note that all fees are non-refundable.

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THE CONNECTICUT CERTIFICATION BOARD PRESENTS:

Understanding and Treating Suicide/ The Interface Between Addiction, Trauma and Suicide



Adele Ryan McDowell, Ph.D. is a psychotherapist with more than 30 years' experience. Adele was the director of outpatient treatment at Liberation Clinic in Stamford, CT and founder/director of The Greenheart Center, a holistic, psychotherapeutic, and psycho-educational center, also in Stamford.

Adele has worked with suicide, domestic violence, and sexual assault crisis hotlines; survivors of Hurricane Katrina, 9/11, the Joplin Tornado, the Newtown shooting and South Carolina floods; clients struggling with addiction as well as those moving through profound life changes such as grief and health challenges.

Dr. McDowell is the author of *Making Peace with Suicide: A Book of Hope, Understanding, and Comfort and Balancing Act: Reflections, Meditations, and Coping Strategies for Today's Fast-Paced Whirl.*

Adele maintains a private practice in Old Greenwich, CT.



JANUARY 12, 2016
9:00 A.M. - 12:00 P.M.
1:00 P.M. - 4:30 P.M.



Luis Marcano Training Center
100 South Turnpike Road Wallingford, CT 06492

Suicide is a global epidemic, and these 2 presentations will explore the many faces of suicide, examine the risk and societal factors for suicide and explore counseling approaches for both the suicidal individual and those suicidally bereaved. The afternoon session will explore the points of intersection and overlap for addiction, trauma and suicide, the fall out from unresolved trauma, the influence of addiction on both trauma and suicide and the percentage that substance abuse impacts teenage and young adult suicides.

To register, please contact the Connecticut Certification Board at

info@ctcertboard.org

Earn 3 or 6 hours towards initial certification or renewal

Seating is limited!

You can attend either session individually (\$50 each) or the full day at the reduced rate of \$75. Please note that

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